

Annual Report 2019



Impact1890
A National Lutheran Program

All Americans have the right to participate fully in family and community life. However, as we age, there are barriers that prevent us from being able to live out this ideal. Those barriers include:



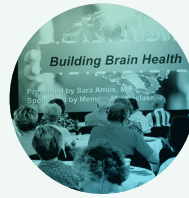
Social Isolation As we age at home, we are at an increased risk for social isolation, which can be harmful to our physical and mental health.



Chronic Disease Management Most older Americans have multiple chronic conditions, which are difficult to manage alone and reduces quality of life.



Transportation A lack of transportation is detrimental, lessening our ability to access basic necessities such as food.



Alzheimer's Disease, Dementia and Memory Loss Memory loss limits our independence as we age and contributes to caregiver burnout.



Navigating and Accessing Health Care and Social Services Even if services are available in a community, they can be hard to locate and understand. Limited access to these resources has negative impacts on our health.



Housing 25% of older adults throughout Maryland, Virginia, D.C. and Delaware spend 30% or more on their housing expenses, which leaves less expendable income for other needs such as healthy foods and healthcare costs.

Impact1890 supports the work of organizations addressing one or more areas of need. We are working together to create communities in which all of us are able to thrive.

29 Organizations located throughout Delaware, D.C., Maryland and Virginia received a 2019 grant.

10 Types of programs: Food assistance, adult day program, transportation, education, crisis assistance, house repairs, medical assistance, mental/emotional support, NORC, and prison ministry.

20,000 Older adults **reached.**

Thank you to all of the 2019 Grant Recipients! — **AnnualReport2019**

Impact1890 Distributed **\$268,334** to **29 Organizations**

Click on each recipient link to learn more about their grant. —————

- **AHC Greater Baltimore** in Baltimore, Md., \$7,500
- **Arts for the Aging Maryland, Inc.** in Rockville, Md., \$7,500
- **Blue Ridge Area Food Bank** in Verona, Va., \$10,000
- **Capitol Hill Village** in Washington, D.C., \$7,500
- **Edlavitch DC Jewish Community Center** in Washington, D.C., \$10,000
- **Food & Friends** in Washington, D.C., \$15,000
- **GraceInside** in Richmond, Va., \$15,000
- **Habitat for Humanity of Frederick County MD** in Frederick, Md., \$8,500
- **Heart of Virginia Free Clinic** in Farmville, Va., \$6,950
- **Highland Food Pantry** in Winchester, Va., \$7,500
- **Insight Memory Care Center** in Fairfax, Va., \$7,500
- **Jefferson Area Board for Aging** in Charlottesville, Va., \$10,000
- **Jewish Social Services Agency** in Rockville, Md., \$7,500
- **Laurel Public Library** in Laurel, Del., \$4,850
- **Maryland Consumer Rights Coalition** in Baltimore, Md., \$10,000
- **Mechanicsville Churches Emergency Functions** in Mechanicsville, Va., \$7,500
- **Montgomery County Coalition for the Homeless** in Rockville, Md., \$10,000
- **Newark Senior Center** in Newark, Del., \$10,000
- **Peninsula Agency on Aging, Inc.** in Newport News, Va., \$10,000
- **Piedmont Senior Resources** in Farmville, Va., \$15,000
- **Rappahanock Rapidan Community Services** in Culpeper, Va., \$5,000
- **Rebuilding Together DC Alexandria** in Alexandria, Va., \$10,000
- **Rebuilding Together Montgomery County** in Gaithersburg, Md., \$10,000
- **Rebuilding Together Arlington/Fairfax/Falls Church** in Fairfax, Va., \$10,000
- **Senior Services of Alexandria** in Alexandria, Va., \$7,500
- **Valley Program for Aging Services** in Waynesboro, Va., \$5,000
- **Virginia Peninsula Foodbank** in Hampton, Va., \$10,000
- **Virginia Tech Adult Day Services** in Blacksburg, Va., \$13,034
- **We Are Family Senior Outreach Network, Inc.** in Washington, D.C., \$10,000

————— Learn more about each organization by visiting www.impact1890.org/impact —————