



Shenandoah Community Health Clinic
 Shenandoah Free Clinic, Shenandoah Dental
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The Care Package

Return Service Requested

Open to read all about the great things the Clinic is doing in your neighborhood!

Printed address/
 label

The newsletter of the Shenandoah County Free Clinic, Shenandoah Dental Clinic, and
 Shenandoah South Wellness Center

Fall 2018

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Dental Clinic Gives Patients Back their Smile



Dental patients Ruth Salisbury (left) and Linda Borrer (right) show off their new dentures with our dentist, Dr. Pino.

There's been a little crying in the dental program lately, but it's not what you think! Some patients are weeping through their smiles as they see new and beautiful teeth where before they had none.

Thanks to a grant from *Impact 1890* —a National Lutheran Program funds were available to subsidize the cost of dentures for Clinic dental patients. Many had waited a long time for an affordable option. So far, 20 patients have received free or reduced dentures through this program.

One such patient, Linda Borrer, heard about the program through a friend at church and jumped at the opportunity. "When I first came in the staff was very gentle and nice. They answered all my questions and put me at ease." She said that the whole process took a couple weeks because staff wanted to make sure that everything was perfect. "They constantly adjusted the dentures for best fit and asked lots of questions for my comfort. They gave lots of suggestions for caring for the dentures and for my mouth."

On average a pair of dentures can easily cost thousands of dollars. The *Impact 1890* grant made it possible for patients to receive dentures for far less, and sometimes even for free. Linda's dentures cost \$400, but thanks to the generosity of her church family at Columbia Furnace United Methodist Church, she only paid \$200. When asked if she was pleased with the results, we think her smile says it all!

2018 Board of Directors

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The Board of Directors volunteers time, expertise, and financial resources toward meeting the healthcare needs of our community.

You are Invited!

Open House

October 15, 2018 | 11-7

This is your chance to tour the newly renovated Shenandoah South Wellness Center. Come see what your support makes possible!

Light refreshments available.

The Wellness Center is located at Ashby Lee Elementary, 57 Stonewall Ln, Quicksburg, VA 22847.

Questions? Contact Rachel Haddad at (540)459-1700 or rachel@shenclinic.org.

Check out renovation pictures on Page 2.

Silent Auction

Robbie Limen Band

Drinks & Hors d'Oeuvres

Complimentary Portraits

6th Annual SPARKLE GALA

SATURDAY, DECEMBER 1ST, 2018 | 7 - 10 PM

The Yellow Barn

470 CAVERNS RD, SHENANDOAH CAVERNS, VA 22847

TICKETS AVAILABLE ONLINE
<http://weblink.donorperfect.com/SparkleGala>

COST: \$100/PERSON

Volunteer Nurses Make the Difference

The nurses that volunteer with the Free Clinic bring more "care" to the Clinic. They interview patients about their health, take vitals and enter all this info into the electronic records in preparation for the provider. And they have some fun with a great group of people!

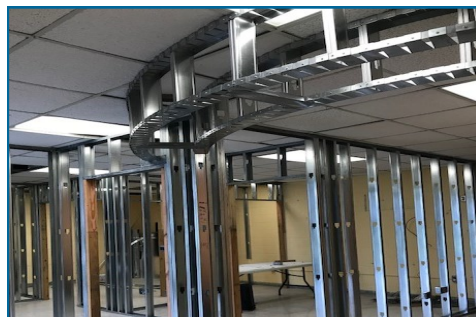
If you are interested in volunteering as a Nurse please contact Vicki Burner, RN, Patient Care Coordinator, at 540-459-1700.



Pictured above: Patti Kunde, volunteer Nurse with the Clinic since 2004, performing triage on a patient

Wellness Center Expands to Meet Growing Need

"Whatever good things we build end up building us." -Jim Rohn



The Shenandoah South Wellness Center at Ashby Lee Elementary is under renovation and poised for completion in September. These changes will enable us to provide even more life-saving services to the children and families of Shenandoah County. This expansion would have been impossible without the

immense support of Holtzman Oil & Holtzman Propane, who created a \$50,000 Matching Gift Challenge for the project. We are excited to announce that you have met and surpassed that goal!



Another partner in our services on the southern school campus has been Strength in Peers, which provides mentors for students to support them in the many problems of growing up. Thanks also to the Shenandoah County School system for their support. And thanks to ALL our donors who are helping the children in our community!

Make your Shopping Dollars go Further!



Register the Clinic as a favorite charity with Amazon Smile, and when you shop they will donate a percentage of your purchase price to us. You pay the same price (we checked!) & support a great cause. smile.amazon.com

Black Friday. Cyber Monday.
#GIVINGTUESDAY™
November 27, 2018

Giving Tuesday is a global movement to encourage philanthropic giving at the start of the holiday season. It is the Tuesday after Thanksgiving.

TO JOIN THE MOVEMENT

1. Visit our website on November 27th and make a donation: www.shenclinic.org.
2. **Share share share!** Visit our Facebook and Twitter pages and encourage friends and family to give by sharing our #GivingTuesday posts.



Bridge to Care Members*

Health Hero Society (\$10,000+)
Christ United Church of Christ
Lewis Cohen
Holtzman Oil & Holtzman Propane
Valley Health

Hippocrates Society (\$7,000+)
iHeart Media - Winchester - Q102
United Way of NSV
Valley Open MRI
Virginia Health Care Foundation

Nightingale Society (\$5,000+)
John and Cecelia Latham
Northern Virginia Daily
Shenandoah Community Fndn.

Clara Barton Society (\$1250+)
Basye-Bryce Mountain Lions Club
Warren and Patricia French, Jr.
Pat Koch

Jerry and Betty Lambert
Lions of Virginia District 24-C
Edwin and Ellen Markel
Mirza Family Foundation
Shenandoah Valley Productions
Woodstock Lions Club
Woodstock UMC

Good Neighbor (\$600+)
Donald Albright
Kirk and Bethany Andrews
Antioch Church of the Brethren
Amos Black
Blue Ridge Truss and Supply, Inc.
Jonathan Church
Frank Cihlar
First Bank
Fort Valley Nursery

Don Hindman, MD & Susan E. Chiccehitto
Laurel Hill Christian Church
Earle and Glenna Mackenzie
John Macleod and Ann Klee
Maurertown Brethren Church
Pam Murphy
New Hope Church
Strasburg SDA Church
Wakemans Grove Church of the Brethren

*Based on Year-To-Date Giving

Become a COMMUNITY CARE CONNECTOR

Bring health services to your neighbors in need. Become a Community Care Connector by pledging a monthly gift today.

Your monthly donation helps build a reliable source of income that the Clinic can count on to help fund our mission: to fill gaps in healthcare services in our region. It is convenient, flexible, and secure, and you can change or cancel your recurring donation at any time.

TO JOIN OUR MONTHLY GIVING PROGRAM visit our website and indicate "Monthly Recurring" under the "DONATE" option: <http://shenclinic.org/>.

Planning Ahead

The 3rd week in October is National Estate Planning Awareness Week. Have you considered and/or prepared:

- **A Living Will** — your wishes for medical care if you are incapacitated
- **A Power of Attorney** — to handle your finances if you are incapacitated
- **Life Insurance** — could provide for your family and/or a favorite charity after you're gone
- **Beneficiary Forms** — file forms for bank accounts and retirement plans to assure easy transfer to inheritors
- **A Will** — naming your inheritors or guardians for your children. Consider how you can leave a legacy to help those who have depended on your support — your family, church and favorite charities.

DID YOU KNOW? The IRS typically requires that individuals age 70½ and over take an annual minimum distribution from their retirement accounts. For some it can be beneficial to make a charitable distribution to a qualified charity such as the Clinic, which reduces the amount of taxable income.

Talk with your Financial Advisor for more information.